

Biography

Eleanor Concepcion (“Connie”) Mariano, MD, FACP
Rear Admiral, U.S. Navy (retired)

www.drconnie.com www.whitehousedoctor.com

Dr. Connie Mariano is used to breaking barriers and shattering the glass ceiling. Born to a Navy steward and his dentist wife in the Philippines, Dr. Mariano lived an American armed forces family life, filled with many achievements, including:

- Valedictorian and ASB Secretary at Mar Vista High School,
- Editor-in-Chief, Mar Vista High Sea Breeze Newspaper
- Honors graduate at the UCSD,
- Medical degree, Uniformed Services University School of Medicine,
- Distinguished 24-year career in the U. S. Navy.

Dr. Mariano has also been **the first** to achieve the following:

- 1st military female to become White House Physician to POTUS
- 1st female Director of the White House Medical Unit
- 1st Filipino-American in US history to become a Navy Rear Admiral

After leaving White House following 9 years of service to 3 sitting American presidents, Dr. Mariano became a consultant in the Executive Health Program at the Scottsdale Mayo Clinic and subsequently founded the **Center for Executive Medicine**, a medical concierge practice which provides presidential-quality medical care to CEOs and their families.

An expert in presidential health care, Dr. Mariano is a frequent guest speaker on television and print media. She is also author of the 2010 book, **The White House Doctor: My Patients were Presidents**, and also hosts her own talk show on the VoiceAmerica network, “House Calls with Dr Connie.”





